



Stop Caries NOW for a Cavity-Free Future

ACFF ANZ CHAPTER COMMUNITY GRANTS

2021

TITLE: 'Improving oral health among CALD mothers: qualitative exploration on barriers and facilitators'

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DISCUSSION: Culturally and linguistically diverse (CALD) groups experience several barriers towards accessing oral healthcare services.

Health literacy levels, communication difficulties, knowledge, attitudes, beliefs, values, cost and geographic location are some globally reported barriers. Australian-context studies are currently lacking and especially in CALD mothers, who are decision makers not only for herself but also for their children and families.

Using a universal health coverage (UHC) framework, this study explores the barriers and facilitators towards preventive oral healthcare utilisation in CALD mothers.

Qualitative interviews and thematic analysis will be undertaken

1) to acquire in-depth understanding of barriers and facilitators that face CALD mothers and

2) to identify recommendations for preventive dental utilisation that are culturally appropriate. This study will contribute towards policies and guidelines for improving oral health systems, service delivery and health workforce integration.